

**REPORT/RECOMMENDATION TO THE BOARD OF SUPERVISORS
OF SAN BERNARDINO COUNTY, CALIFORNIA
AND RECORD OF ACTION**

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September 9, 2003

FROM: RUDY LOPEZ, Director
Department of Behavioral Health

SUBJECT: AMENDMENTS TO CONTRACTS FOR AUGMENTED BOARD AND CARE SERVICES

RECOMMENDATION: Approve amendments to the following contracts for Augmented Board and Care (ABC) services:

1. Contract 01-1053 A-2 with Orchid Court, Inc. for the following facilities:
 - Long/Short Term Adult Male and Female Intensive Dual Diagnosis
 - Adult Female Intensive/Adult Female Intensive-Forensic Home
 - Long Term Geriatric
2. Contract 01-1055 A-1 with Mt. View Residential Board and Care for the following facilities:
 - Long/Short Term Adult Male and Female Intensive Dual Diagnosis
 - Adult Female Intensive/Adult Female Intensive-Forensic Home
 - Long Term Geriatric
3. Contract 01-1078 A-2 with Linda Diann Spinks, Inc. d. b. a. Linda Villa Care for the following facilities:
 - Adult Female Intensive – Forensic Home

BACKGROUND INFORMATION: Approval of these amendments will change contract language with the providers listed in the Recommendation section. Contract language is revised to include Cultural Competency, the Health Insurance Portability and Accountability Act (HIPAA), Quality Assurance, Nondiscrimination, and Recovery, Wellness, and Discovery. These amendments have no effect on contract amounts.

DBH operates a continuum of care system that consists of County operated and contracted service providers delivering a variety of mental health treatment services within each geographic region of the County. Since 1997, state-licensed ABC homes have contracted with the County to meet the needs of this population. Each provider has a specific responsibility and role within the County's treatment delivery system:

- Intensive Dual Diagnosis homes serve individuals who have both mental illness and substance abuse/addictive disorders. This type of home provides assistance by means of the Social Rehabilitation Model and 12-step Models for a period of three to six months on average, with the ultimate goal being to gain tools necessary to live a sober lifestyle. Additionally, this program, which is monitored closely by the DBH Adult System of Care, offers aftercare services to the clients.

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- Forensic homes serve mentally ill adults for duration of six to twelve months on average. Specific beds are designated for the care of individuals who are severely and persistently mentally ill, have committed a misdemeanor, and are being referred from the forensic unit through the Supervised Treatment After Release program (STAR).
- Long Term Geriatric homes assist individuals over the age of 59 who have a mental illness and possible physical disabilities for a term of six to twenty-four months on average. The staff will have a high ratio of Certified Nursing Assistants (three full and one part-time) to assist with a variety of physical ailments. In addition, a Mental Health worker (provider staff member) will be on site a minimum of forty hours per week.

After the placement period ends a DBH treatment team conducts an assessment to determine if the client's treatment goals were successfully met. Clients who are ready to move to the next stage of recovery and rehabilitation are generally moved on to lower levels of care such as independent living and non-augmented board and care facilities. Depending on the recommendations of the assessment, clients whose treatment goals are not successfully met will either remain at their current site and level of treatment or be moved to a higher level of treatment such as an Institute of Mental Disease (IMD) facility. IMD facilities treat clients who are severely and/or persistently mentally disabled in a more structured environment. DBH's recovery, wellness, and discovery approach maintains that all clients can recover, even if that recovery is not complete. These clients can go on to lower levels of care with more intense case management.

DBH will release a Request For Proposals (RFP) for these services in FY 2003-04. Because the process for this specialized type of service is extensive, DBH is in constant communication with the State Department of Mental Health to ensure these mandated services are provided in accordance with state regulations.

ABC providers meet the needs of a population that have a history of placement and/or psychiatric instability. In addition, they provide services at a higher level of care than a regular board and care home yet considerably less restrictive than that of a long term locked psychiatric facility. Appropriate placement of clients in ABC facilities allows the County to avoid costlier levels of care.

The Adult System of Care (ASOC) of DBH has provided oversight, performance monitoring and program evaluation for the ABC providers in regard to mental health services, medication support services, crisis intervention and case management. Each of the providers listed above has met all performance goals and standards to date. ASOC staff will continue to provide linkages with the total Mental Health System to assist providers in continuing to meet the needs of consumers.

A related item before the Board today requests approval of submission of an annual grant application for Substance Abuse and Mental Health Services Administration (SAMHSA) funds for Fiscal Year 2003/2004. The contracts being amended with approval of this item are funded by SAMHSA and State Realignment. The State traditionally awards SAMHSA funds in August or September, retroactively to the beginning of the Fiscal Year. The SAMHSA item before the Board today is for the period July 1, 2003 through June 30, 2004.

REVIEW BY OTHERS: This item was reviewed and approved as to form by County Counsel (Charles J. Larkin, Deputy County Counsel) on August 20, 2003. This item was also reviewed by County Administrative Office (Carol Hughes, Administrative Analyst and Tom DeSantis, Deputy Administrative Officer) on September 3, 2003.

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FINANCIAL IMPACT: These are non-financial amendments. Approval of this item will result in no local County cost. Funding for these services in the amount of \$839,087 is included in the Department's FY 2003/2004 Budget. Mt. View Residential, Linda Villa Care, and Orchid Court are funded by a combination of the Substance Abuse and Mental Health Services Administration (SAMHSA) grant and State Realignment funds.

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COST REDUCTION REVIEW: The County Administrative Office has reviewed this agenda item and recommends approval as it imposes no local cost to the County and provides mandated access to DBH services.

SUPERVISORIAL DISTRICT(S): All

PRESENTER: Rudy Lopez, Director
(909) 387-7024

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